Hybrid Wheelchair Service Trainer of Trainers Package Basic Level

1. Introduction

The World Health Organization Wheelchair Service Training of Trainers Package (WHO WSTPtot) Basic level is divided into two sections: Core training skills and Package- specific. The Core training skills is a two-day training that encompasses 12 modules followed by a three-day package-specific module in which in this case you will practice delivering WSTP-basic level sessions to their peers.

The Hybrid Wheelchair Service Trainer of Trainers Package Basic Level (Hybrid ToT – Basic level) is an alternative learning methodology that combines online modules and in-person training. The Hybrid ToT – Basic level followed the aims and objectives of the WHO WSTPtot but were slightly modified to adapt to the e-learning environment.

2. Online modules (July 23rd – August 3rd)

We developed interactive low-bandwidth online modules corresponding to the core training skills of the training package. These modules were developed using low- bandwidth guidelines to make them accessible in places with a limited Internet connection.

In this course, the online modules will be available:

Date	Topics	Estimated time to complete
Section 1 July 23rd – 26th	ToT.1 Introduction to the Wheelchair Service Training of Trainers Package (WSTPtot)	60 – 90 min
	ToT.2 Wheelchair service training packages	
	ToT.3 Practice delivery sessions	
	ToT.5 Adult learning	
Section 2 July 27th - 31st	ToT.9 Knowledge of guiding documents	60 – 90 min
	ToT.10 Audio-visual tools and equipment	
	ToT.11 Feedback	
	ToT.12 Managing group dynamics	
Section 3 August 1st – 3th	ToT.4 Preparing for diversity	40 – 60 min
	ToT.7 Presenting and facilitating	
	ToT.8 Communication skills	

As you can see, the modules will be released in a different order than suggested by the WHO WSTPtot. This decision was based on the practical components that will be reinforced in the in-person sessions.

Section 1 and 2 of the training includes interactive online modules that contain videos, activities, forums, quizzes, and readings. Section 3 is an independent learning segment of the course that involves

readings and forums. This section includes in-person activities that will be facilitated on the first day of the face-to-face training.

The only module that was developed online was *ToT.6 Preparation time*, this module allocates in-person time that trainees use to prepare to practice their delivery sessions. In ToT.1 you will be informed which sessions you will be delivering in the in-person training so you will have the flexibility over the 2 weeks of online training to prepare your sessions at the time of your convenience.

Technical requirements

Minimum technical and software requirements are needed for this course:

- The online modules are compatible with iOS and Android operative systems.
- The online modules could be accessed from smartphones (only Android), tablets, and computers.
- Speakers are needed.
- Internet connection is required.
- The suggested web browser to access the modules is Chrome, Firefox, and Internet Explorer.
- Adobe Flash player is needed to access the modules.

Technical support

If you have any problem accessing the online modules, clear your web browser cache and try to access again. If you are still unable to do it, email Krithika Kandavel (krithikak@pitt.edu) and Yohali Burrola-Mendez (yohali.burrola@pitt.edu). When you request technical support try to be as specific as possible, include print screens, and a detailed description of the problem encountered.

LA Training Resource Hub: Here is the link to all the resources related to this training; We will be regularly updating the link with more resources as they are available: http://wheelchairnetwork.org/who-wstp-training-of-trainers-hybrid-basic-level-training-los-angeles-resources/

3. In-person session (August 6th – 8th)

The aim of the three-day package- specific module, in this case, the WSTP-basic level is to practice sessions for your peers. You will be notified in advance which sessions you will be delivering the first two days of the face-to-face training, the sessions allocated for the third day will be notified in the first day of the in-person training.

Location

UCP Wheels for Humanity
9509 Vassar Ave Ste. A, Chatsworth, CA 91311

Suggested Dress Code

Bottoms	Tops	Shoes
• Jeans	• Polo	• Tennis/sneakers
• Khakis	• T-shirt	• Moccasins
• Shorts		• Flats

High heels, sandals and dresses are not advised.

Timeline

Hybrid WSTP tot Basic Level - Timeline
UCP Wheels For Humanity, Los Angeles, CA; August 6-8, 2018.

	Day one	Day two	Day three
8:30	*Registration and breakfast*	A.6 Appropriate wheelchairs *Part 2*	B.4 Physical assessment
8:45	Introduction		
9:00	ToT. 4 Preparing for diversity		
9:15	ToT. 7 Presenting and facilitating		
9:30	ToT. 8 Communication skills		
9:45			
10:00	A.3 Wheelchair mobility	A.6 Feedback	B.4 Feedback
10:15	*Part I*	**Morning break**	**Morning break**
10:30	**Morning break**	A.7 Cushions	B.5 Prescription
10:45	A.3 Wheelchair mobility		
11:00			
11:15			
11:30	*A.3 Partial wheelie*		
11:45	A.3 Feedback	A.7 Feedback	
12:00	A.4 Sitting upright	A.8 Transfers	
12:15			
12:30			B.5 Feedback
12:45	A.4 Feedback	**Luch break**	**Luch break**
1:00	**Luch break**		
1:15			
1:30		A.8 Transfers	
1:45			B.7 Product preparation
2:00	A.5 Pressure sores		
2:15		A.8 Feedback	
2:30		*A.8 Floor to chair*	B.7 Feedback
2:45		B.3 Assessment inter view	B.9 Fitting
3:00	A.5 Feedback		

3:15	**Afternoon break**	*Part 1*	
3:30	A.6 Appropriate wheelchairs *Part 1 (42)*	**Afternoon break**	B.9 Feedback
3:45		B.3 Assessment inter view *Part 2*	**Afternoon break**
4:00	A.6 Feedback		B.13 Follow-up
4:15	Car park	B.3 Feedback	
4:30	Session preparation ToT Trainer individual feedback	Session preparation ToT Trainer individual feedback	B.13 Follow-up
4:45			Car park
5:00			Evaluation
5:15			Closing ceremony

Timeline adapted from the WHO TOT Trainers Manuel Basic Level; prepared by Yohali Burrola and Dave Calver

Participants' List

Trainees

Name	Last name	Country	Email
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Joseph	Tell	Thailand	jtell@wheelchairproject.org
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Johannes	Janzen	Thailand	janzen.johannes@gmail.com
Peechayanan	Arkniyarn	Thailand	zither_m@hotmail.com

Observers

Name	Last name	Organization	Country	Email
Eric	Wunderlich	LDS Charities	USA	WunderlichEW@ldschurch.org
Chris	Lewis	American Wheelchair Mission	USA	clewis@amwheelchair.org
Mary	Goldberg	ISWP	USA	mgoldberg@pitt.edu

Trainers

Name	Last name	Background	Country	Email
Yohali	Burrola- Mendez	PT	Mexico	yohali.burrola@pitt.edu
David	Calver	OT	Canada	davidecalver@gmail.com

Support

Name	Last name	Organization	Email
Krithika	Kandavel	ISWP	krithikak@pitt.edu

We are excited to meet you and to learn along with you during this training. If you have any question do not hesitate in contacting us.

Yohali Burrola-Mendez, PT MS
Trainer