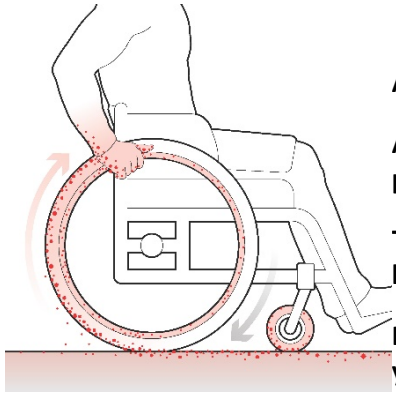


ATTENTION: Wheelchair Users: PRECAUTIONS for COVID-19



All solid surfaces that we touch could potentially have viruses on them.

Any virus that might be on your hands is transferred to your handrims as you push your wheelchair.

Tires transfer the virus to the hands and your hands transfer the virus to the handrims.

In addition, if you push on your tires, you are basically touching everywhere you have rolled.

Clean Hands

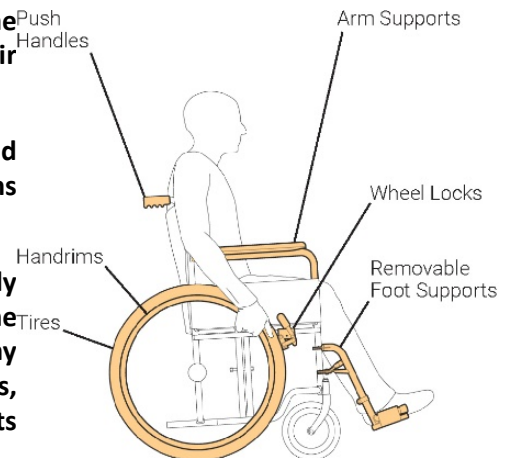
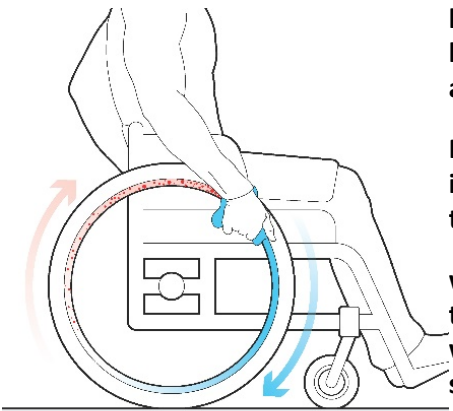
Wet and wash your hands with soap for at least 20 seconds, whenever you return home from ANY activity that involves locations where other people have been.

Clean Wheelchair

Get two washcloths wet with some soap and push your wheelchair around the house, sliding the wash cloths on the handrims. Then push the wheelchair around with the washcloths on the tires.

Push my chair about 6 m, or spin around in circles Pushing 6 m wipes the handrims three times.

wipe the other surfaces that I regularly touch on my wheelchair; including the wheel locks, and the frame in front of my seat cushion. If you have arm supports, push handles or removable foot supports they should be cleaned as well.



Minimum 2 meters from others in social interactions

Wheelchair users sit lower and are more vulnerable to infected saliva droplets and aerosols.

We have a responsibility to ourselves and others to prevent the spread of disease. These precautions mean that it will take you longer to practice appropriate hygiene than it will for everyone else. Be courageous, and push forward.

Peter Axelson MSME, ATP, RET

Manual wheelchair user and leader of Beneficial Designs

